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JANUARY 2014



north glenmore park news

YOUR OFFICIAL COMMUNITY NEWSLETTER



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Bridges Replacement
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December 2013*



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**North Glenmore Park Community Association
Board of Directors
2013 - 2014**

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Phillipe Bernier - generalmanager@ngpca.ca 403-512-8074

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G. Darren Doyle - newsletter@ngpca.ca

Like us on Facebook: North Glenmore Park Community Association

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SEE OUR WEBSITE! WWW.NGPCCA.CA

North Glenmore Park Community Association

2231 Longridge Drive S. W. Calgary, Alberta T3E 5N5 Phone (403) 246-4243

Fax (587) 353-4536, e-mail: admin@ngpca.ca

Community Board Meetings

Monday, January 6, 2014 at 7:00 pm

Monday, February 3, 2014 at 7:00 pm

North Glenmore Park Community Association

CLASSIFIED AD FORM

Please email your ad to Admin@ngpca.ca or return to our office

No phone-in's can be accepted.

Changes to ads must be done in writing or by email.

For further information, call 403.246.4243

Name: _____ Phone: _____

Membership #: _____ Category (circle one): Business / Personal

Heading: _____

Circle the month(s) the ad will run: January February March
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Ad (please print): _____

**Fees per issue: Members: \$10; Non-members \$20 for 3 lines. \$5 for each additional line.
Contact Philippe at 403-246-4243. Generalmanager@ngpca.ca**

Amount paid: _____ Payment method: _____ Date: _____

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Deadline: 15th of each month prior to issue month

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Accurate Reprographics reserves the right to publish any and all colour ads/artwork in black and white should a problem arise with our colour printing equipment.

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Members \$10 Non-members \$20 for 3 lines. \$5 for each additional line. Contact Philippe at 403-246-4243.

AROUND THE HOUSE: We specialize in Garage & Basement Development, Deck Restoration & Painting. for a Free Estimate Dwain 403-990-9373.
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E-mail: iain_sc@hotmail.com

FR. IMM. EARLY LITERACY TUTOR K-5: For excellence in learning support, Contact Andrea 403-242-4809 asalmon@shaw.ca

PIANO LESSONS: Gentle, encouraging teacher in Lakeview. Beginner to Intermediate ages 5 - 95. Ask for Brenda @ 403-532-1112 or e-mail cokebj@shaw.ca

ART INSTRUCTION in LAKEVIEW STUDIO: - Watercolour, Acrylic and Drawing Lessons offered by Master Teacher www.rexbeanland.com Ph: 403-685-5812

SING MOVE PLAY: - A Choral based ORFF MUSIC program for 3 - 9 yr olds: Join us for small group classes sequentially designed around age, development and experience that teach concepts and skills while instilling a love of music! For January registration call Debra at (403) 258-3466. www.singmoveplay.com

SUSIE VON HELLERMANN, registered, member of the R.A.D. Trained & danced professionally in Europe. Pre-ballet age 3 & up. Children & majors - Adults. 403-2462208.

FLOW IS A DIFFERENT KIND OF HAIR SALON. Relax into soft jazz, fine art and a chaos-free atmosphere. Jay Lamb has 30 years experience in salons such as The Ginger Group and Angles. FLOW is a home-based salon in the Marda Loop area. Haircuts \$52. 403-281-1704 www.flowhairsalon.com

PRIVATE BEGINNER BALLROOM DANCE LESSONS in home at 27 Langton Dr SW 403-243-7528 singles + couples welcome to have fun learning to waltz, jive, swing, cha-cha, rhumba. Qualified instructor merrickacassie@gmail.com

JANICE PIET YOGA. Mondays and Wednesdays Sept-May Kingsland Community Centre 7-8:30 pm Lakeview Community Centre 9:10:30am We welcome all body types and stages of life. Still not sure? Please call for more information. janicepiet@gmail.com 243-4361

Audio/Video and Home Automation - Check our website for CHRISTMAS SALE promotions. Contact ViTechs for your Smarthome System and Home Theater needs. We offer automated lights, HVAC, shades, multi-room audio, security, and camera surveillance. Website - www.vitechs.ca or Call Brad at 403-585-8045.

NGPCA User Groups

<i>Sport and Recreation</i>	Contact	Email /Phone	Website/Phone
Calgary Sport and Social	Ryan Harper	ryan@calgarysportsclubsclub.com	www.calgarysportsclub.com
Cal-Glen Soccer Association	Jodi Garland	jodilukeeric@yahoo.com	www.calgensoccer.com
Foxy Kickboxing	Jessica Sparrow	jessica@foxykickboxing.ca	www.foxykickboxing.ca
Hachidoken Karate	Stephen Caron	stephencaron@shaw.ca	403-606-0873
Drop-In Volleyball	Gerda Timm	gerda.timm@fluor.com	403-537 4827
GHL Sports (Soccer)	Anita Howard	anita@ghlsports.com	www.ghlsports.com
Karis Fusion Fitness	Kari Schroeder	kjsch4@gmail.com	N/A
NorGlen Rhythmic Gymnastics Club	N/A	norglenclub@gmail.com	www.norglen.ca
Dance, Music and Theatre Arts			
Lakeview Ballet	Suzie von Hellermann	N/A	403 246-2208
Sing, Move, Play	Debra Giebelhaus-Maloney	Debra@SingMovePlay.com	403-258-3466
Theatre Works	Heather Drage	hldrage@gmail.com	www.theatre-works.ca
Suzirya Ukrainian Dance	Serguei Makarov	N/A	www.suzirya.com
Barvinok Ukrainian Dance	Trevor Shuler	403-242-1831	www.barvinok.ca
Sahira Belly Dance	Sahira	dance_by_sahira@yahoo.com	bellydancecalgary.com
Dutch Canadian Choir	Tom Koomen	president@dutchcanadianchoir.com	www.dutchcanadianchoir.com
Regent Irish Dance Academy	Megan Tougas	megantougas@gmail.com	http://www.regentacademy.ca
Cultural			
St Andrew Romanian Church	Sherban Comănescu	shercolc@yahoo.ca	www.romarch.org/parohie
Living Church of God	Dale Trennar Dale Trener Carol Dyte	Daliz@shaw.ca	http://www.lcg.org
Glenmore RSVP Toastmasters		cdyte@shaw.ca	calgarytoastmasters.wordpress.com
Canadian Association of Retired Persons	Yasmin Kanji	carpcalgary@gmail.com	http://www.carp.ca
Calgary Girls School	Judy Herman	office@calgarygirlsschool.com	www.calgarygirlsschool.com
CTI Food Testing	Sara Hedderick	sara.hedderick@shaw.ca	http://www.contracttesting.com

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PRESIDENT'S MESSAGE

On Behalf of North Glenmore Community Association I would like to wish you all a Healthy and Happy New Year for 2014.

Would also like to thank all the volunteers that have helped with our Bingos and the new ice rink we had built, it is amazing to see all of you come out and make this community a great place for all. It is an exciting time for all of us and have some exciting news that will be in the next newsletter. Check out our Community Connector, this is our monthly electronic newsletter, if you want to be on the list, email us at newsletter@ngpca.ca.

We will be hosting another Social in February as well as our Open House, where you can talk with your local elected official and here from the City on new developments and opportunities for our community.

Over the next couple of months we will be working on a Master Plan for redevelopments in our community, this will be an excellent way for you to voice your concerns and provide insight on how you would like to see the community grow. We feel this is an important process for the community in light of all the new development permits and applications for mixed use we have been receiving. On the www.ngpca.ca website we will have a page dedicated to all applications and drawings for all to view. In the past you would have had to come into the hall to review all plans, again this is another step for us to reach out, and inform you on what is going on around your community.

Like to thank Phil for all his hard work for the WinterFrestival, this was a huge success and the response was amazing. We heard from several families the request to have more events and activities for all age groups. Presently we are working on new programs for the summer for kids and seniors fitness program. If you have a suggestion or would like to discuss an issue in the community feel free to email me at president@ngpca.ca

I wish you all a Happy New Year

Barry Morrissette

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BARBER SHOP, SPECIAL FOR KIDS FAMILY WITH 2 OR MORE KIDS WIN A FREE HAIRCUT!

you pay the first haircut and the second one is for free 403-242-2522 Open monday-Saturday.

TAI CHI FOR HEALTH – gain improved flexibility & balance, increased energy - a gentle workout of both inner and outer body. Mondays and Thursdays, 10:30 – 11:30 am, Jan. 6 – Mar. 27 (12 weeks) - \$180 for 1 day/wk, 10% discount for 2 days/wk - \$324. Contact Barbara – 403-240-3405, visit www.healthydance-exercise.com.



"An apple a day is good medicine. I just have a hard time billing for it."

Tai Chi for Health and Wellbeing

'This gentle form of exercise can prevent or ease many ills of aging and could be the perfect activity for the rest of your life.' ~ excerpt from the Harvard Women's Health Watch.

Tai chi is now recognized by the medical community for its value in treating or preventing many health problems. You can start at any age and in any physical condition, even if mobility is an issue or you have a health concern.

The movements are low impact and slow motion, yet incredibly effective in tuning up both the inner and outer body. As you work through the gentle moves, the mind goes to a place of peace – like meditation. Hence tai chi is often thought of as 'meditation in motion.'

To register or want information, contact, Barbara, at (403) 240-3405 - www.healthydance-exercise.com. Classes are starting January 6th and 9th – Mondays and Thursdays, 10:30 -11:30 am at NGPCA. Please indicate your preference -

- 1 class/week or 2 classes/week
- Mondays and/or Thursdays

To your health and wellbeing,

Barbara Cummings-Versaevel



**MESSAGE FROM
ALDERMAN BRIAN PINCOTT**



Happy New Year!! I hope you have had a wonderful Holiday Season and are ready for another exciting year ahead.

Budget Update

At the end of November, City Council approved the budget adjustments for 2014. The adjustments made were fairly minor; they included an increased commitment for transit and approval to spend money on flood rebuilding. Council directed Administration to limit salary increases next year for non-union staff and Council froze their own salaries. The end result was a budget with a tax increase of 5%, rather than the originally planned 6.1%.

Skatepark Update

Two community associations in Ward 11, Southwood and Chinook Park/Kelvin Grove/Eagleridge, are exploring bringing a modern skatepark to their communities. They have both made the short list of communities being considered for the first phase of skatepark development, under The City's Skateboard Amenities Strategy. It is fantastic to see communities looking to add recreation activities and hubs to their communities. Skateboarding is popular in these communities, as I have often seen kids in the neighbourhood out on their boards or scooters.

There is an Open House being held at Southland Leisure Centre on Thursday, January 30th, from 5-8pm to discuss these projects. If you are interested in learning more I encourage you to attend, but if you are unable to make it you can find more information by visiting www.calgary.ca/recreationprojects.

Christmas Tree Recycling

The City will be accepting real Christmas trees for recycling again this season. To prepare your tree for recycling, remove the tree stand and any ornaments and lights. Don't bag or tie your tree.

If you have black cart garbage collection, just place your tree on the ground near your regular collection spot by 7am on January 9th. The tree will be collected within three weeks.

You can also take your tree to one of eight temporary drop-off locations. Including:

- Marda Loop Communities Association - 3130 16 Street SW
- Parks Compound - 10312 Sacramento Drive SW

Winter Highlights

- Visit www.calgary.ca/snow for information on the City's Snow and Ice Control Program, Snow Route Parking Bans and more
- Visit www.calgary.ca/snowangels for more information on the Snow Angels campaign. It is great to see so many Calgarians be great neighbours and help their neighbours with snow removal.

I encourage constituents of Ward 11 to contact me and sign up to receive regular updates from my office, as I email out information regarding upcoming events, City programs and opportunities for input into the City's public engagement programs that are relevant to Ward 11 residents. You can sign up by emailing my office at ward11@calgary.ca. I also encourage you to visit my website, www.ward11calgary.ca, for additional information that may be of interest to you.



MEMO

**Your Community
Needs You!**

Volunteers Required

NORTH GLENMORE PARK COMMUNITY

is seeking volunteers for various events throughout the year, such as Bingo, Casino, Children's Christmas Party December 9th and other special events.

Volunteers are eligible for a free community membership.
For details, contact: **403-246-4243**.

Please call us to register your name(s) for future bingo events.
Bingo Volunteers needed for:

Without your support,
these events may
not be possible.

**Everyone Welcome to Our
Directors Meetings
North Glenmore Park
Community Association Hall
Monday January 6
Monday February 3
7:00 PM - 10:00 PM
2231 Longridge Drive SW
Calgary, AB T3E 5N5**

BINGOS
Saturday January 11/14 10:45 AM - 4:15PM
Wednesday January 29/14 4:15 PM - Midnight



ADULT HIP-HIP EXERCISE PROGRAM

Focus on Hip health, prevention, treatment, core stability, lower back flexibility. An excellent exercise program for active older adults. 8 week professional program starting in January to register contact Sandi 403-807-8468 or Phil 403-246-4243

COMMUNITY YOGA CLASSES

Starting in February Adult yoga classes Tuesdays 10:30-11:30am 8 week program Children's classes Monday's 4:00-4:00pm ages 9-12 and 5:00-5:45pm ages 12-15 \$10 per class Register at admin@ngpca.ca for info contact Janice Piet 403-243-4361

TAI CHI FOR HEALTH

Gain improved flexibility & balance, increased energy - a gentle workout of both inner and outer body. Mondays and Thursdays, 10:30 – 11:30 am, Jan. 6 – Mar. 27 (12 weeks) - \$180 for 1 day/wk, 10% discount for 2 days/wk - \$324. Contact Barbara – 403-240-3405, visit www.healthydance-exercise.com.

SUNDAY OPEN SKATE

From 2pm-3:15pm Sundays at Flames Community Arenas Free Family skate for all ages Must have and show valid Community Membership

COMMUNITY OPEN GYM TIME

Monday-Thursday 3pm-5pm
Fridays 1pm-5pm
Free for all ages

LAKEVIEW BALLET

Lakeview ballet has registration available for children all ages Contact Susie Von Hellerman for info 403-246-2208

SING MOVE PLAY

Excellent learning programs for kids 3yrs and up with Debra Giebelhaus-Maloney ORFF based music programs to register contact Debra@SingMovePlay.com

THE TENNIS ACADEMY

Junior/Adult Tennis programs and lessons available in our Community Contact Ralph McNiven for more information 403-830-7242

IRISH DANCE

Interested in learning to Irish dance To register for 2014 classes contact Sarah Fournier at coshquinirishdance@gmail.com or **Claire Regent at regentacademy@aol.com**

CALGLEN SOCCER

Spring outdoor registration coming soon U6 and U8 programs hosted at Noth Glenmore Park Community Association For info contact registrar@calglensoccer.com

Alison Redford
MLA, Calgary-Elbow
Constituency Office
6, 22 Richard Way SW
Calgary, AB T3E 7M9
Ph: (403) 252-0346
F: (403) 252-0520
Calgary.elbow@gov.ab.ca



Dear Calgary-Elbow constituents,

It's been an exciting year in government and as we welcome a new year together, I'm so proud to take this opportunity to reflect on the important changes we have made to advance the priorities of all Albertans.

We are so lucky to live in Alberta and as a government, we know how important it is to continue to build our great province to keep up with our enormous growth rate. Every year, we welcome thousands of new Albertans. That's why we are working hard to ensure we are equipped to continue providing all Albertans with the best quality of life. Accessible health care is an important aspect of that.

In the last few weeks, we have made huge investments in all areas of health care. A major part of that was the proclamation of the Alberta Health Act, which will establish a Health Charter, as well as outline requirements for complaint reviews, set out parameters for how reviews can be conducted, and set out requirements for records management and confidentiality.

One of the most exciting parts of this legislation is the creation of the Health Advocate, the Seniors' Advocate and the Mental Health Patient Advocate. The number and types of health care programs available in Alberta have been growing as our population increases, and the role of these advocates is to help Albertans understand how the system works and how to navigate it.

The Alberta Health Act will come into force at the beginning of this month, on January 1, 2014. The new office and all advocate roles will be fully operational by April 1, 2014.

It's going to be an amazing year in Alberta and here in Calgary-Elbow. I look forward to seeing you out and about in our constituency throughout the new year. If you have any questions or concerns, please contact my constituency office. Best wishes for you and your family in 2014!

Alison Redford
MLA, Calgary – Elbow

Calgary-Elbow Constituency Office
6, 22 Richard Way SW
Calgary, AB T3E 7M9
Ph: (403) 252-0346 F: (403) 252-0520
Calgary.elbow@gov.ab.ca



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Be a good neighbour, clear the snow

Winter has arrived and it's time to be mindful of how the buildup of ice and snow on city sidewalks can post a risk of injury to Calgarians. Older adults, those with mobility issues or parents pushing strollers or walking with young children, may find it treacherous to venture out if neighbours are not diligent about clearing the ice and snow. All of us can help make walking in our communities safe for everyone if we work together and follow the regulations set out in Calgary's Street Bylaw.

Property owners are responsible for clearing all sidewalks adjacent to their property. This means removing all snow and ice down to the bare concrete within 24 hours after the snow stops falling. If, as a property owner, you do not live at the residence, it is important to work with tenants or arrange for a contractor to clear the snow. It's also important to note that if a property is being developed, the developer is often the owner responsible to clean sidewalks around a construction site or empty lot. The property owner is ultimately responsible for snow clearing under the bylaw. For any ice that is difficult to remove, a de-icing mixture is available at fire halls or Roads depots. Please bring your own container.

Remember that snow from private property cannot be put onto the road or boulevard. Large mounds of snow in the street can impede the flow of traffic, limit driver and pedestrian visibility and hinder Blue Cart and Black Bin collection.

Sidewalks also need to be clear of obstructions such as electrical cords. When plugging in your vehicle, make sure you don't place an electrical cord on or over any portion of a street.

Have you considered being a Snow Angel? It can be a challenge for some residents to shovel and clear their sidewalks. The Snow Angel campaign, now in its 10th year in Calgary, encourages citizens to be good neighbours by helping older adults and others in need with their snow removal. All you have to do is adopt someone's sidewalk this winter and keep it clear.

Let's remember that snow, ice and obstructions on our sidewalks can result in serious injuries and can cause those with limited mobility to be confined indoors. Be a good neighbour and clear the snow.

To find out more about snow and ice removal in Calgary visit calgary.ca/snow or contact 311. For information on how to become a Snow Angel, visit Calgary.ca/snowangels.



JANUARY 25th

NGPCA GOES TO THE ROUGHNECKS GAME

50 tickets available for all ages for \$10 includes Bus ride
Reserve your ticket by emailing admin@ngpca.ca

FEBRUARY OPEN HOUSE

Date and Time to be determined
Come visit with neighbours, meet your board members, talk to our city representatives
"Get Connected"

COMMUNITY NEWS



OUR NEW ICE RINK IS OPEN

The new ice skating rink is officially open at North Glenmore Park Community Association. The rink will be open daily sun up till sun down. We are looking at options for lighting so if you have ideas please contact us.

North Glenmore Park Facility Update

The Rink is Back, the Rink is Back!!

Thanks to dedication of some community members we will have a small skating rink back at the North Glenmore Park community hall.

The rink is about 35' wide by 70' long. The plan and materials were put together by Kevin and Colin Ranger with help from Henry, with construction managed by Brad Gemmel and Kevin. A crew helped Brad during the really cold spell, with setup of the rink and flooding – big thanks to Darcy Bradley, Jim Dejewski, and Barry Morrisette (and Phil and Henry for doing a lot of the shoveling as we seemed to get snow every day for over a week while we were setting up the ice).

We will be setting up a schedule for community members to help with maintenance – shoveling and flooding. Watch for that on the website.

The rink was built with 2 purposes in mind: 1- to gauge the interest in both having a rink, and 2- to engaging the community to help maintain it. Also wanted to have something aimed for younger kids, as a lot of the other rinks are full-size are often the domain of teens. We also want gauge if the community would like to see a bigger multi purpose rink back

* * * * *

Phase 1: Facility ReDevelopment Renovation Project

Our Phase 1 Reno project is progressing well. We have engaged both a Project Manager (Benchmark Projects) and an architectural design firm. Stakeholder groups have been interviewed and preliminary plans will be reviewed in January ready for contractor Tenders.

- Main floor change rooms upgrade and installation of handicap washroom
- Lounge (our main meeting room) and kitchen / servery renovation – upgrade, redesign as determined by stakeholders and community, installation of NEW windows

Planned construction is June – August, with target completion for the start of September.

Until next month,
Kevin Baggott
Facility Committee
NGPfacilitycommittee@gmail.com



The office of Dr. Violet Newman D.D.S. is now accepting new patients.

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 C3583783 \$664,000
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 close to all amenities. Double
 detached garage!



Ron Garneau

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Before You Move



Why Choose Us



3424 Lane Crescent SW
 C3592889 \$739,000
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 quiet crescent. 4bd/3 bath.
 2,000+ sqft developed. Vaulted
 ceilings, gas fireplace, detached
 garage + RV parking.



137 Shannon Square SW
 C3589300 \$424,800
 Fully finished bi-level. 4bd/3
 bath. Vaulted master, newly
 finished deck, tile floors & paint.
 Large master, his/hers closets.
 Dbl attached insulated garage.



68 Scenic View Close NW
 C3593563 \$588,000
 Fully finished walkout. 4bd/3.5
 bath. Fully air conditioned, new
 deck, formal dining room, eat-in
 kitchen, Fenced, underground
 sprinklers. Dbl attached garage.



#115, 92 Saddletree Court NE
 C3592831 \$190,000
 Main floor end unit. 3 blocks to
 C-Train. 2 bed/1 bath. In-suite
 laundry, open plan, underground
 heated & titled parking stall.
 Close to all amenities.



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We would also like to thank the volunteers that have helped but this project together. With the communities involvement in this project we have aspiration to bring back and full size rink.

Thank you and enjoy,

ADVERTISING OPPORTUNITIES

Are you looking for advertising opportunities with the North Glenmore Park Community Association? We have billboard and web advertising spots available. Contact us for rates and services 403-246-4243 or email admin@ngpca.ca



BINGO VOLUNTEERS NEEDED

Come support your community by volunteering for bingos, connect with your fellow members and get a free meal.

Bingo proceeds allow us to develop events and programs for the community as well as help us maintain and update our facility and land.

Up Coming Bingos:

- Dec 21st 4:00pm-12:00am
- Jan 11th 11:00am-4:00pm
- Jan 29th 4:00pm-12:00am

Contact us at 403-246-4243 or admin@ngpca.ca to volunteer



WE NEED YOUR HELP! HELP US HELP YOU!

We would like your feedback, suggestions and input so we can strive to better serve you (the NGPCA Community).

Please fill out our community needs survey by going to our website www.ngpca.ca or by going to the following webpage: <http://fluidsurveys.com/surveys/ngpca/community-needs/>



Snow Shovelling Safety

Before you start:

- Dress properly for the weather before heading outdoors. Unprotected exposure to low temperatures and wind chill can result in hypothermia or frostbite.
- Dress in layers starting with a warm insulating inner layer; ending with wind and water proof outer layers. If you become too warm as you shovel, you can always remove outer layers as required.
- Wear proper footwear with a solid tread and adequate ankle support. Don't forget to wear a toque or hat to prevent heat loss from your head.
- Stay well hydrated by drinking plenty of water before and after you shovel. Avoid caffeinated beverages and alcoholic beverages as well as smoking. These all act as stimulants that can put a strain on your heart by constricting blood vessels and increasing heart rate. Caffeine can also promote dehydration – another important reason to avoid it. Alcoholic beverages do not act as a stimulant, but they also promote dehydration, impair your judgment, and make you more susceptible to the effects of the cold weather.
- Reduce the chance of injury by warming up your muscles with light exercise and stretching before you shovel. Warm muscles use energy more efficiently.

How to shovel:

- Choose the correct size of shovel for you. A smaller shovel will require you to lift less snow at a time and reduce the strain on your body.
- Protect your back by lifting properly: keep the shovel close to the body, stay balanced by standing with feet about hip-width apart, bend your knees, squatting with a straight back. As you lift the snow use your legs to provide the lift, tighten your stomach muscles to support your back, keep your back straight. Do not bend your back.
- When possible, push snow, don't lift it. Always orient your body in the same direction you are pushing the snow. If you need to move the snow to one side, reposition your entire body to continue facing the direction you are pushing.
- Do not throw snow over your shoulder or to the side. Most back injuries occur when you are in a twisted position. The injury can be made worse when you are bearing the weight of heavy snow as you twist.
- Don't extend your arms when maneuvering a full shovel of heavy snow as this puts excess strain on your back muscles and too much weight on your spine. Attempt to keep the weight of the shovel close to your body.
- Pace yourself and take a break, especially if there's been a heavy snowfall; don't try to clear it away all at once.

www.albertahealthservices.ca

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A sincere thank you to everyone that came out and enjoyed the 2013 Community "Freshtival". Mark your calendars for next year and have a safe and Joyous Holiday season

**KIDS FUN HOUR!!
IN OUR GYM**

Our gymnasium is open on weekdays between 4:00 and 5:00 pm for children to play if supervised by an adult who is a current member of the North Glenmore Park or Lakeview Community Associations

The Gym is also open on Fridays at 1:00 until 5pm and 1:00 until 8:30pm in the Lounge. Remember to bring some ID to sign in!




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Elbow River Pedestrian Bridges Replacement Project Update December 2013

Work is proceeding on the Elbow River pedestrian bridges replacement project. The City of Calgary has hired an international engineering firm with a Calgary office, Delcan, to create a design to replace the bridges damaged in the June 2013 flood. In addition to a portfolio of work done in Canada and around the globe, Delcan has also worked for The City on the Arbourstone/Stoney pedestrian bridge completed in 2010, and on the Heritage pedestrian overpass, which is currently underway.

The design consultant will develop two to three concept designs, which will be evaluated by the project team. The team will select one concept, which the public will be able to view in early 2014 (more information will be provided in early 2014). A construction contractor will be hired in early 2014 with the intention to start construction in the spring of 2014.

For more information on the project and to view ongoing project updates, please visit www.calgary.ca/elbowbridges. Please call 311 for more information.